

ACO Operations Planning Directive; Buddy's Birthday Challenge

Mission Task Bravo

- a) Initiative One: Wolverine is required to carry Fleg on his/her back to the bottom of the drive, team members switch position and carry back to the top.
- b) Initiative Two: Team members are required to do 100 air squats. Only one team member is required to do air squats at a time. Team members may switch at any time until you have reached 100 air squats. The team member not doing air squats is required to pick up and hold the 25 pound object acquired in mission task alpha. Squats may not begin until the 25 pound object is off the ground.
- c) Initiative Three: Repeat Initiative One. Twice.
- d) Initiative Four: Teams may move to grass or other soft surface if desired. Fleg is required to get into a push-up position and Wolverine is required to crawl under Fleg, then Wolverine assumes the push-up position. Once Wolverine is in the push-up position, Fleg may exit the push-up position and crawl under Wolverine. This constitutes a single "rep". Complete ten reps to accomplish this initiative.
- e) Initiative Five: Repeat Initiative One.